

SCOTTON LINGERFIELD PRIMARY SCHOOL AUTUMN TERM 2024 - 3 WEEK ROLLING MENU

Please let us know if your child has any allergies / intolerances / dietary requirements:

Name: \_\_\_\_\_ Class: \_\_\_\_\_

WEEK 1 (Served w/c 2 <sup>nd</sup> Sept, 23 <sup>rd</sup> Sept, 14 <sup>th</sup> Oct, 14 <sup>th</sup> Nov, 2 <sup>nd</sup> Dec, 6 <sup>th</sup> Jan and 27 <sup>th</sup> Jan)				
Monday	Tuesday	Wednesday	Thursday	Friday
V Veggie Sausage Roll	Chicken Korma	Sausage & Yorkshire Pudding	Spaghetti Bolognese	(Harry Ramsden's) Battered Fish
V Cheese Whirl	V Sweet & Sour	V Vegetable Nuggets & Yorkshire Pudding	V Shepherd's Pie	V Sweet Potato Bake
V Chocolate Biscuit Bar	V Cheese & Biscuit	V Autumn Crumble Sponge & Custard	V Jelly & Ice-cream	Fruit & Yoghurt
WEEK 2 (Served w/c 9 <sup>th</sup> Sept, 30 <sup>th</sup> Sept, 21 <sup>st</sup> Oct, 18 <sup>th</sup> Nov, 9 <sup>th</sup> Dec, 13 <sup>th</sup> Jan and 3 <sup>rd</sup> Feb)				
Monday	Tuesday	Wednesday	Thursday	Friday
V Pizza	Curried Chicken Rice	Minced Beef Pie	Pork Meatballs in Tomato Sauce	Fish Star (Salmon) with Chips
V Mexican Burrito	Curried Veggie Rice	V Broccoli Cheese Bake	V Sweet Potato Curry	V Cheesy Bean Loaded Potato Skins
V Chocolate Brownie	V Flapjack	Sticky Toffee Pudding & Custard	V Jammy Cake	V Choc Orange Cake
WEEK 3 (Served w/c 16 <sup>th</sup> Sept, 7 <sup>th</sup> Oct, 4 <sup>th</sup> Nov, 25 <sup>th</sup> Nov, 16 <sup>th</sup> Dec, 20 <sup>th</sup> Jan and 10 <sup>th</sup> Feb)				
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets	V Creamy Cheesy Tomato Pasta	Roast Gammon	Nacho Beef Bake	Fish Fingers
V Veggie Burger	V BBQ Rice	V Veggie Sausage	V Quesadilla	V Chilli Wraps
V Autumn Fruit Muffin	V Iced Berry Bun	V Lemon Drizzle Cookie	V Chocolate Fudge Pudding with Vanilla Sauce	V Oat Cookie & Cheese

Please select one main meal for each day. Please note that seasonal vegetables, potatoes and bread of the day are served with every meal. Dessert does not need to be pre-selected. Fruit or yoghurt is available every day as an alternative to the dessert.

It may be necessary to alter the menu from time to time without notice but all allergies and dietary requirements will be followed. V = suitable for a vegetarian diet (all desserts are also suitable for vegetarians)