Scotton Lingerfield Primary School

PSHE Long term plan updated Sept 26

Year A						
	Whole school events	Visits and visitors	Reception	Year 1/2	Year 3/4	Year 5/6
Aut 1	Rules Consent/Stanger danger Pants/speak out stay safe	Police school liaison officer	Self regulation: My feelings You choose	Connecting with others: How can I help myself and others feel happy and safe? The boy who loved everyone – accepting difference	Connecting with others: What helps us feel safe and included? Shu Lin's Grandpa - welcoming behaviour	Connecting with others: Why are healthy relationships important? Girls - friendships
Aut 2	Anti-bullying Fire safety Road safety	Local speed watch group Police	Self regulation: Listening and following instructions Hello, hello	The online world: How do we spend time online? Is that your Mama? – know all families look different	The online world: How should we communicate online? My Brother George – how language affects others	The online world: How am I influenced by what I see online? Milo imagines the world – don't judge by appearance
Spr 1	Railway safety Safer internet day	Careers week – volunteers to come into school to speak to children	Building relationships: Special relationships The Family Book	Health protection: How can I protect myself and others in daily life? Going to the Volcano - joining in	Citizenship: What careers do people choose and why? This is our house - discrimination	Citizenship: How can we be in control of our money? You're so amazing – attitudes towards disability
Spr 2	Bugs and Hygiene Safety around dogs	Dogs trust	Building relationships: My Family and friends Blue Chameleon	Staying safe: How can I stay safe? Bathe the cat – work together	Staying safe: What signs help me recognise what is safe or unsafe? Remixed – understand how families change	Connecting with others: What does it mean to stand up for myself and others? Mixed – response to racist behaviour
Sum 1	Sun safety First aid	First Aid workshops for children from Reception to Year 6	Managing self: Taking on challenges Red Rockets and Rainbow Jelly	Connecting with others: How can I build safe, kind and caring relationships? Amazing – what's a good friend	Connecting with others: How can we respect each other? Nefertini - respect	The Online world: How do I feel about the things I see online? Saving the butterfly – how experiences shape us
Sum 2	Farm safety Water safety	Lifeguards on beach trip	Managing self: My wellbeing Super Duper you	The online world: How can we stay safe online? Erol's garden – asking for help	The online world: How can we decide what to trust online? Aalfred and Aalbert – find common ground	Staying safe: How can I stay safe as I grow up? The Proudest Blue – how new experiences affect us

Year B						
	Whole school days	Visits and visitors	Reception	Year 1/2	Year ¾	Year 5/6
Aut 1	Rules Consent/Stanger danger Pants/speak out stay safe	Police school liaison officer	Self regulation: My feelings You choose -	My healthy self: How can we look after our emotions? Splash – know I can be what I want to be	My healthy self: How can I take care of my mind and body? When sadness comes to call – look after mental health	My Healthy self: How can I support my mind and body as I grow? My shadow is pink – acceptance
Aut 2	Anti-bullying Fire safety Road safety	Local speed watch group Police	Self regulation: Listening and following instructions Hello, hello	Citizenship: How can I help others and the environment? Can I join your club? Welcome different people	Citizenship What rights and responsibilities do we have? Red a crayon's story– help someone be who they are	Citizenship How can I make a difference in our communities and beyond? Boys – check in with people
Spr 1	Railway safety Safer internet day	Careers week – volunteers to come into school to speak to children	Building relationships: Special relationships The Family Book	Citizenship: How do people belong to a community and earn money? The perfect fit – to fit in	Health protection: How can we prevent illness and injury and respond if they happen? My beautiful voice – speak up	Growing up How can I manage the changes to my body and emotions as I grow up? You need to chill – response to change
Spr 2	Bugs and Hygiene Safety around dogs	Dogs trust	Building relationships: My Family and friends Blue Chameleon	My Healthy self: How can we look after our bodies? Elmer – to like the way I am	My Healthy self How can I make healthy choices? We're all wonders – find your wonder	My healthy self How do my choices today shape my future health? The Island - racism
Sum 1	Sun safety First aid	First Aid workshops for children from Reception to Year 6	Managing self: Taking on challenges Red Rockets and Rainbow Jelly	Growing up: How can look after and respect our bodies as we grow? I love me – to like myself	Citizenship How can I spend money responsibly? Julian is a mermaid – show acceptance	Citizenship How can we protect everyone's rights? Introducing Teddy -acceptance
Sum 2	Farm safety Water safety	Lifeguards on beach trip	Managing self: My wellbeing Super Duper you	Staying safe: How can I make safe choices in different places? How to be a lion – self confidence	Growing up: How will my body and emotions change as I grow up? The truth about old people - stereotypes	Sex education: How do people become parents and carers And Tango makes three – accept difference